INTO THE HEART OF BALI

Center of Hope with Andrew Harvey -2018

Please be sure to book your trip with Korean Air and leave on the 13th to arrive a little after midnight on the 16th . If possible arrange your flight to meet in Seoul for the 6:00pm flight to Denpasar, Bali as a group.

**Journey includes :double rooms , all excursions, tips, most dinners , lunches , one massage or pedicure or manicure, transportation, ceremonies, temple tours . Does not include air fare, alcohol drinks .**

**If you require single room please add $400.00 to your total.**

Please remember we are in Bali , an island where the unseen speak to us. You will have many extraordinary experiences and one of them is to let go and allow yourself to be into the heart of Bali on Bali time. Some of our itinerary is subject to change when we are in the flow of the moment.

DAY 1 –Nov 16th, (Friday) Puri Taman Sari

 Arrival at Denpasar airport Bali

Welcome banner, flower garland by the family, refreshment on bus.

Arrive at  PURI TAMAN SARI , Mengwi Bali

HOME OF AGUNG PRANA

**www.puritamansari.com**

**good night’s sleep**

7:45 Breakfast next to villa’s

8:30am –  10:00am Open Discussion with Lilly, Agung Prana  Mangku Made & Andrew Harvey

Recovery time, free time & Leisure / swimming

6:30pm Dinner, buffet menu

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DAY 2 –Nov 17h , (Saturday) PURI TAMAN SARI

7:45am Breakfast in restaurant

 9:30am Morning walk to Mengwi Market to purchase Temple Garments. Walk through the rice fields or drive.

 12:30pm Lunch (own Expense)

1:30 Palm reading, chakra analysis with Mangku Made (included in cost)

 3:00pm – 5:00pm , Free time to swim, meditate , share.

 6:00pm Buffet Dinner  with Balinese dancers

Day 3, Nov 18th, (Sunday) Puri Taman

6:30am Breakfast

8:00am Yoga with Mangku Made

10:00Healing ceremony with Agung Raka

12:00 Lunch buffet

2:00pm Kuwak Coffee tour in Mengwi

4:00pm rest period to get massage or swim

6:00 Dinner own expense

8:00 Temple prayer at location

DAY 4- Nov 19th, (Monday) Amertha

6:30am Breakfast and open discussion with Andrew & Lilly

 7:00am Yoga with Mangku Made

 10:00am Depart to North Pemuteran via Belimbing with magnificent rice terrace view

12:00pm Lunch (own expense )

 4:00pm arrival at Taman Sari or Amertha, on the Bali sea.

Mountain Resort & Spa next to the Sea

 Free time to relax next to the ocean.

 6:00 Dinner (buffet )

DAY 5- NOV 20th, (Tuesday) Amertha

6:30am Yoga and Meditation on the beach

7:45 Breakfast

 9:00am Trip to Menjangan Island ,a day of snorkeling /swimming

 snorkeling equipment provided.

\*prayers in 3 temple, offering  priest

Lunch provided , box lunch on the beach

 2:00pm Return to Taman Sari

 Relax /free time/spa time.. includes massage or pedicure , or manicure, included in your package

 6:00 trip to Melanting  Temple with Agung Prana

8:00pm Buffett Dinner

DAY 6- NOV 21st  (Wednesday) Amertha DAY OF SILENCE

6:30am – 8:45am Breakfast & discussion with Andrew Harvey

 9:00am Breakfast silence begins

Free time , beach time , walk village time

12:00 Lunch (on own)

Free time Spa time, massage

 6:00 Dinner buffet

Prayer with the sunset energy of Ser Hills Temple

DAY 7- NOV 22st (Thursday) Amertha

6:30- 7:30 Yoga on beach

 8:00 Breakfast

 9:00am -11:00  Ocean Ceremony and Pool meditation with Mangku Made

 12:00pm Lunch

1:30pm  More work with Made (High Priest)

6:00 Dinner , buffet

 evening free

DAY 8- NOV 23rd (Friday) Desa Vayu  day trip

7:30am Breakfast

 10:00pm leave for departure to Shankari Retreat for lunch buffet

[https://dasavayu.com](http://www.dasavayu.com/)

3:00pm arrival at DasaVayu.com

 Open discussion with High Priest Made

 6:00pm Dinner Set Menu, Vegetarian, Traditional Balinese, Gluten free options

 9:00pm Leave for Puri Taman Sari.  a 40 min drive

DAY 9- NOV 24th (Saturday) Desa Vayu day trip

 7:00 Breakfast

 8:00 Drive to Dasa Vayu- day to study with Mangku Made . Learn about Purifications & Herbal Remedies

Enjoy Traditional Balinese, vegetarian, gluten free meal options.

2:00pm River ceremony

5:00pm Dinner at Desa Vayu

7:00pm leave for Puri Taman Sari

DAY 10- NOV 25th (Sunday) Desa Vayu day trip

 7:00am Breakfast at Puri Taman Sari

 8:30 leave for  Dasa Vayu

 12:30pm Lunch , buffet

 2:00pm  New Beginnings Purification ceremony . This ceremony is once in a life time experience an exceptional tradition done with holy water and dozens of  flowers. This ceremony will release energies that are blocking you in any way and release any past life karma.

 6:00pm Dinner , on own

 8:00pm Leave for Puri Taman Sari

DAY 11- NOV 26th (Monday) Puri Taman Sari

6:30am breakfast

9:00am Leave for Ubud and wow Bali Sustainable farm with Hai Dai . (WOW Bali, an International Initiative, fusing creative learning exchange and regenerative leadership for the development of social holistic entrepreneurs.)

The TOP sustainability and Wellness project in South East Asia"

1:00pm Lunch with Hai Dai    https://www.facebook.com/**wowbal**

 Afternoon of informative learning

 5:00pm leave for Puri Taman Sari in Mengwi

 6:30pm dinner  Buffet

 8:00pm visit to family temple for prayer and blessings

DAY 12- NOV 27th (Tuesday) Puri Taman Sari

6:30 am Breakfast

7:45 ceremony with Agung Rak

9:30am Leave for Ubud for Bali shopping experience

Visit “Goddess on the Go” Factory    www.goddessonthego.net

1:00pm Lunch at Yasmin Restaurant,Ubud

Afternoon free to shop at local market

5:00pm leave for Puri Taman Sari, Mengwi

6:00pm Dinner (on own)

7:00pm Channeling with Ubu Ade and Nangku Ana

DAY 13- NOV 28th (Wednesday) Puri Taman Sari

6:30am meditation overlooking rice fields

8:00am breakfast

A day to pack, walk the rice fields , swim in pools relax ,message .

12:00 lunch , (on own)

afternoon free

Dinner 6:00pm set menu

Final Evening in Bali.

A culture Balinese Evening with dancers .

DAY 14 – NOV 29th ( Thursday) Departure

6:30am Yoga & final Meditation

7:45am Final Breakfast together

1:00am Card readings with Fitri Dewi , a well known Card Reader . I highly recommend her.

5:00pm  begin airport departures. If you book with Korean which I highly recommend book your return flight for 1:20am on the 19th. That way you have a full last day.